



PALM ISLAND RESORT & SPA FACT SHEET

LOCATION Palm Island, St. Vincent and the Grenadines

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DESCRIPTION Palm Island is an eco-friendly, Green Globe certified private island resort with a dash of sophistication. This luxury All-Inclusive, 135-acre property offers a range of amenities, activities, dining options and accommodations.

Palm Island is located near the southern tip of St. Vincent and the Grenadines, a chain of 32 islands and cays known for natural beauty and clear, tranquil waters. The area's abundant sea life, coral reefs and unique shipwrecks attract recreational sailors and divers from around the world.

As part of the adventure to get to this magical island, guests must take a 30-minute inter-island flight from either Barbados (BGI) or St. Lucia (UVF) to Union Island (UNI). Upon arrival, guests are met at the airport and whisked away by golf carts to the resort's private boat, where they are greeted with bottled water and chilled face cloths for their ten-minute boat ride to the resort.

*Palm Island will accept children age 12 and older during the dates of April 7, 2018 – January 2, 2019. For the rest of the year, guests must be age 16 or older to stay on Palm Island. Children are charged at the adult rate.

WHAT'S NEW Recently, Palm Island Resort & Spa has received a number of awards: a 2019 TripAdvisor Travelers' Choice Award, a 2019 TripAdvisor Certificate of Excellence, and a 2018 Condé Nast Readers' Choice Award.

Over the past year, all aspects of the resort's culinary experience have been upgraded, including new menu

offerings, presentation and service. The resort's menus change based on season and availability, incorporating locally grown herbs and produce, some of which are from the on-property

New offerings have also been added to the daily activity program and excursions, including yoga classes, volleyball, cricket matches (weather permitting), weekly crab races, and a weekly cocktail reception. For action-seeking guests, the thrill of kitesurfing is just a ten-minute boat ride away at the JT Pro Center on Union Island, founded by professional kitesurfer Jeremie Tronet.

Each week there is a Silent Cinema on the beach. Held on the sand and under the stars, it is a unique experience not to be missed.

ACCOMMODATIONS

This intimate property has only 41 guestrooms and two private villas. More than half of the 43 accommodations are set directly on the beach while the rest are located just a few steps away.

All accommodations provide the following in-room amenities: air conditioning; soft bathrobes; complimentary beverages in a refrigerated mini-bar; daily housekeeping service; personal safe; hair dryer; coffeemaker; alarm clock; iron; and ironing board.

A TV, computer and Internet lounge is available for guests, who may also bring their own laptops and take advantage of the complimentary WiFi access in this area.

Palm View Rooms have sitting areas, furnished terraces, two queen beds or a king-sized bed and master baths with separate shower and tub.

Beachfront Rooms have king-sized beds, furnished terraces with views of the Caribbean Sea and Union Island, small sitting areas and bathrooms with showers. These rooms are perfect for romance and are situated in six single-story buildings set side-by-side along the beach.

The new **Superior Beachfront Rooms** are completely renovated, sunset-facing rooms which feature modern Caribbean architecture, light wood-look tile and stone accents throughout. Floor to ceiling sliding glass doors open onto a private walled patio with beach shower and day bed, offering additional outdoor living space and direct beach access. The ensuite bathrooms feature a large walk-in rain shower.

Island Lofts are located in charming, wooden cottages and feature king-sized beds, private terraces with ocean views toward the Tobago Cays or gardens, deep soaking tubs and separate single showers. These five airy lofts provide an abundance of charm and privacy. The Island Lofts are perched above the ground on stilts, set back from the beach amid lush gardens.

*Please note that we have two **Beachfront Lofts** that guests are able to reserve for an extra fee.

Four newly-updated beachfront **Seagrape Suites** offer king-sized beds and bathrooms with double showers for two as well as large soaking tubs. Suites feature queen-size pull-out couches in sitting areas as well as oversized master baths. They also have flat screen smart TVs and complimentary WiFi. Of all the accommodations, these suites offer the best view of sunset as they face directly westward.

The **Southern Cross Villa**, which sleeps up to four adults, is the ultimate escape for couples. The oceanfront villa is designed with honey-toned woods, comfortable rattans and stone finishes blending into the natural environment on a panoramic bluff. The villa includes its own 8x12 foot infinity pool, a tiled dining terrace, an arbor patio and two master bedrooms, each with a king-sized bed, flat screen televisions, complimentary WiFi, a marble bathroom and a step-in, ocean-view shower where a large door opens to the sea. The villa's state-of-the-art marble kitchen is stocked with pantry staples including cereal, fruit, snacks, coffee and tea. For refreshment, soft drinks, beer and complimentary bottles of champagne, red wine and white wine are provided upon arrival. A complimentary golf cart is also provided for the villa.

The **Seafeather Villa** is situated on the northern shore of the longest of the island's five beaches. The villa has three bedrooms with a king-sized bed, a queen-sized bed and two twin-sized beds, a living room and a covered deck adjacent to the ocean's edge which features a hot tub. Refreshments are stocked upon arrival, and a complimentary golf cart is provided. The villa features flat screen televisions in all rooms, complimentary WiFi, a full kitchen and a washer and dryer.

DINING

Palm Island Resort & Spa offers daily afternoon tea, premium alcoholic beverages and three meals per day. Chef Baka is the culinary artist behind the resort's two restaurants.

The chic & newly renovated **Sunset Grill** is a casual beachfront restaurant, offering an extensive lunch and dinner menu. Seating is available inside the restaurant or directly on the

sand. Highlights include the fresh catch of the day, a mouth-watering Palm Island pizza and a local specialty dish, which changes daily.

Royal Palm Restaurant sits on the island's white-sand beach and offers a more formal dining experience, plus recently underwent a complete renovation. Don't miss the BBQ Buffet on Wednesday Nights and the Caribbean Buffet on Saturday Nights inclusive of the famous Rum Tasting. An a la carte menu is offered on most evenings with a wide variety of local and international dishes.

Return guests (those who have previously stayed at Palm Island or any Elite Island Resorts property) are honored at a weekly evening cocktail reception or dinner hosted by the general manager and their senior team (numbers permitting).

DRESS CODE

During the day, the restaurant dress code permits covered and dry bathing suits. After 6:30 p.m. men are requested to wear long pants or tailored (Bermuda) shorts, a collared shirt and dress shoes. Ladies are requested to wear long pants including premium denim, dresses, skirts or dress shorts, and dress sandals. Flip flops, gym sneakers, T-shirts and tank tops/sleeveless shirts are not permitted in the evening.

SPA

The new **Spa at Palm Island** features a stunning beachfront location and two double treatment rooms. Professional therapists from Bali will offer an extensive menu of massage and beauty treatments. One of the treatment rooms features a soaking tub on the deck overlooking the gorgeous blue sea and neighboring islands. The spa offers two different product lines: Aromatherapy Associates, who have been the leading experts within aromatherapy for over 30 years, and the naturally-made Caribbean Blue Naturals range using the Hibiscus and Frangipani flowers. The Hibiscus range of products will form part of the Spa's signature treatment due to its natural properties and being known as the "Botox of the Caribbean."

ACTIVITIES

Guests can enjoy a scenic tour via bicycle or explore the ocean's wildlife during a snorkeling excursion. In addition, the resort features a lagoon-style swimming pool, complimentary tennis, table tennis, and water activities such as kayaking, Zayaks, Hobie Cats and paddle boarding. Guests can also participate in volleyball games, and a weekly friendly cricket match between resort guests and staff (weather permitting). Guests can choose to sunbathe, stroll along one of the white-sand beaches or enjoy nighttime entertainment each evening. Three hiking trails, a full fitness center and a cozy library are also

available. The resort offers a chef's demo and full botanical stroll each week. Don't miss our famous Crab Racing each Thursday night & our Rum Tasting every Saturday night.

EXCURSIONS

For guests seeking a memorable off-island experience, daily excursions depart from Palm Island and can be arranged by the Tour Desk for an additional fee. Guests can explore the Tobago Cays and Mayreau or Chattam and Mopion onboard the Yannis catamaran; take in the area's natural beauty above and below water on the resort's signature Pink Lady schooner; reel in the catch of a lifetime on a deep sea fishing trip; or explore mainland St. Vincent and nearby Union Island. Sunset cruises on the Pink Lady are also an option. Kitesurfing lessons are available via the JT Pro Center on Union Island.

MEDIA RELATIONS

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