



## The Wellness Spa

### Holiday Menu

#### **Hamilton Holiday Massage**

A Caribbean-flavored therapy with local oils, soothing aromas, hot/cold stones, and skillfully focused strokes and techniques, designed to physically release tension, increase the flexibility of muscles, joints, and fascia and decrease inflammation - promoting healing and harmony. Individualized to meet your needs and desires. Your whole being is transformed.

60 Minutes - \$120 USD

90 Minutes - \$160 USD

#### **Anti-Aging Facial**

A comprehensive treatment using natural products and combining a range of non-invasive treatments to provide effective results on wrinkles by skin-tightening, hydrating, and brightening pigmentation. A neck and shoulder massage is included for additional relaxation.

60 Minutes - \$140 USD

#### **Deep Purifying Facial**

A beautifying treatment that cleanses the pores, exfoliates dead skin cells, and hydrates and moisturizes and treats common skin problems. A neck and shoulder massage is included for additional relaxation.

60 Minutes - \$110 USD

#### **Christmas Spa Package**

Spend 4 hours being pampered:

- **60 Minute Massage**
- **Deep Purifying Facial**
- **Classic Manicure**
- **Classic Pedicure**

4 Hours - \$295 USD

#### **Nail Spa Package**

Spend 2 hours relaxing and leave with beautiful hands and feet:

- **Classic Manicure**
- **Classic Pedicure**
- **Hands and Feet Reflexology**

2 Hours - \$105 USD

## **Glorious Nails**

- <b>Classic Manicure</b>	\$ 45 USD
- <b>Classic Pedicure</b>	\$ 60 USD
- <b>Gel Manicure</b>	\$ 55 USD
- <b>Gel Pedicure</b>	\$ 70 USD
- <b>Paraffin Treatment</b>	\$ 30 USD
- <b>Regular Polish Change</b>	\$ 25 USD
- <b>Gel Polish Change</b>	\$ 35 USD
- <b>Gel Removal (hands or feet)</b>	\$ 15 USD

## **Wellness Center Classes** **Classes - \$10 USD**

### **Qigong/Yoga**

**Wednesdays & Fridays**

**9:00 am**

### **Aqua-Aerobics**

**Tuesdays**

**4:00 pm**

**Sundays**

**1:00 pm**

**For Appointments:**

**1-869-667-(SPAA) 7722**

**[spaathamiltonvillas@yahoo.com](mailto:spaathamiltonvillas@yahoo.com)**