

The Fives

BEACH HOTEL & RESIDENCES
PLAYA DEL CARMEN

JOY &
WELLNESS

P R O G R A M

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At The Fives Beach Hotel & Residences, we are thrilled to introduce our new **Joy & Wellness Program**, an initiative designed to harmonize physical vitality with mental tranquility. Inspired by our commitment to constant innovation and excellence, this program takes full advantage of our breathtaking surroundings and amenities.

Our offerings are thoughtfully curated to focus on five key pillars:

Fitness & Wellness Experiences: Experiences crafted to renew both body and mind.

Fun at the Pools and Sports Court: Unforgettable moments of relaxation and recreation.

Culinary Experiences: Unique dining experiences that nourish and delight.

Revamped Aluxitos Program: Engaging and enriching activities for our youngest guests.

Exclusive Loyalty Club Activities: Special experiences tailored for our Epic Travellers and Prestige members.

The Fives Plaza: The Heart and Social Hub of the Resort.

Discover the perfect blend of joy, wellness, and unforgettable memories with us!

En The Fives Beach Hotel & Residences, nos complace presentar nuestro nuevo **Programa de Joy & Wellness**, una iniciativa diseñada para armonizar la vitalidad física con la tranquilidad mental. Inspirados por nuestro compromiso con la innovación constante y la excelencia, este programa aprovecha al máximo nuestros impresionantes alrededores y servicios.

Nuestras ofertas están cuidadosamente creadas con enfoque en cinco pilares clave:

Experiencias de Fitness y Bienestar: Experiencias diseñadas para renovar tanto el cuerpo como la mente.

Diversión en las Albercas y Canchas Deportivas: Momentos inolvidables de relajación y recreación.

Aventuras Culinarias: Experiencias gastronómicas únicas que nutren y deleitan.

Programa Renovado de Aluxitos: Actividades atractivas y enriquecedoras para nuestros pequeños huéspedes.

Actividades Exclusivas para Miembros del Club de Lealtad: Experiencias especiales diseñadas para nuestros miembros de Epic Travellers y Prestige.

The Fives Plaza: El Corazón y Centro Social del Resort

¡Descubre con nosotros la combinación perfecta de alegría, bienestar y recuerdos inolvidables!



FITNESS & WELLNESS

THE FIVES HOTELS & RESIDENCES

Fitness & Wellness Experiences

Our Fitness & Wellness Program offers a variety of activities designed to refresh and renew both body and mind. These include yoga classes, mat Pilates, Temazcal sessions, cacao ceremonies, meditation, breathwork, and tennis clinics, among others. Each experience is designed to help you reconnect with your inner balance and strength. Our team of wellness experts is available to guide you through each activity, ensuring a positive and rewarding experience for your body and mind.

Experiencias de Fitness & Wellness

Nuestro Programa de Fitness y Bienestar ofrece una variedad de actividades diseñadas para refrescar y renovar tanto el cuerpo como la mente. Estas incluyen clases de yoga, pilates en colchoneta, sesiones de Temazcal, ceremonias de cacao, meditación, respiración consciente y clínicas de tenis, entre otras. Cada experiencia está pensada para ayudarte a reconectar con tu equilibrio y fortaleza interior. Nuestro equipo de expertos en bienestar está disponible para guiarte a través de cada actividad, asegurando una experiencia positiva y enriquecedora para tu cuerpo y mente.

FITNESS & WELLNESS

	LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU
08:00		Tennis Clinic Tennis Court	Tennis Clinic Tennis Court	Tennis Clinic Tennis Court
	Hatha Yoga Sky Terrace	Vinyasa Yoga Sky Terrace	Restaurative Yoga Sky Terrace	Power Flow Yoga Sky Terrace
10:00	Mat Pilates Beach Front Gazebo	Body Beach Workout Beach	Mat Pilates Beach Front Gazebo	Body Beach Workout Beach
11:00	Circuit Training Gym	Macramé Experience Spa	Functional Training Gym	HIIT Gym
12:00	Massage Workshop* for Couples Sky Massage	Body Scrub Workshop* Spa	Breathwork & Ice Bath Beachfront Gazebo	Skin care Master Class Spa
13:00	Artisanal Perfumery* Spa	GAP Gym		GAP Gym
16:00	Mayan Workout Gym	Yoga & Art-Family Workshop Casa de Rosa Terrace	Skin Care Master Class* Spa	Yoga & Art-Family Workshop Casa de Rosa Terrace
17:00 18:00	Ancestral Ceremony* Mestizo Terrace	Sunset Meditation & Breathwork Mestizo Terrace	Temazcal Ceremony* Spa	Sound Bath Meditation Mestizo Terrace

*All Inclusive experiences limited space-please reserve at the Spa or with your ambassador

THE FIVES BEACH HOTELS & RESIDENCES

FITNESS & WELLNESS

	VIE / FRI	SAB / SAT	DOM / SUN
08:00	Tennis Clinic Tennis Court	Tennis Clinic Tennis Court	Tennis Clinic Tennis Court
	Vinyasa Yoga Sky Terrace	Stretching Class Sky Terrace	Hatha Yoga Sky Terrace
10:00	Mat Pilates Beach Front Gazebo	Body Beach Workout Beach	Mat Pilates Beach Front Gazebo
11:00	Cross Training Gym	Functional Training Gym	HIIT Gym
12:00	Breathwork & Ice Bath Beachfront Gazebo	Body Scrub Workshop Spa	Breathwork & Ice Bath Beachfront Gazebo
13:00		GAP Gym	
16:00	Massage Workshop for Couples Sky Massage	Yoga & Art-Family Workshop Casa de Rosa Terrace	Mayan Workout Gym
17:00	Sat Nam Rasayan* Group Healing Mestizo Terrace	Sunset Meditation & Breathwork Mestizo Terrace	Sound Bath Meditation Mestizo Terrace
18:00			

*All Inclusive experiences limited space-please reserve at the Spa or with your ambassador

THE FIVES BEACH HOTELS & RESIDENCES

A woman in a blue bikini is captured mid-air, jumping into a pool. She is surrounded by colorful inflatable rings in shades of green, orange, and pink. The water is splashing around her, and the background is a clear blue sky. The text 'FUN AT THE POOLS & SPORTS COURT' is overlaid in white, serif font.

FUN AT THE POOLS & SPORTS COURT

THE FIVES HOTELS & RESIDENCES

Fun at the Pools & Sports Court

Our pools offer unforgettable moments of relaxation and recreation, where you can enjoy a variety of fun activities. From energizing aquaerobics to exciting games of volleyball and water polo, there's something for everyone to enjoy. Whether you're looking to unwind or stay active, our pools provide the perfect setting for both. In addition, our sports court offers thrilling activities such as basketball, soccer, and dodgeball, ensuring that there's no shortage of fun for all ages. Experience the perfect blend of relaxation and excitement with us!

Diversión en las Albercas y la Cancha Deportiva

Nuestras albercas ofrecen momentos inolvidables de relajación y recreación, donde podrás disfrutar de una variedad de actividades divertidas. Desde aquaeróbicos revitalizantes hasta emocionantes juegos de voleibol y waterpolo, hay algo para todos. Ya sea que busques relajarte o mantenerte activo, nuestras albercas brindan el ambiente perfecto para ambos. Además, nuestra cancha deportiva ofrece actividades emocionantes como baloncesto, fútbol y dodgeball, asegurando que haya diversión para todas las edades. ¡Vive la combinación perfecta de relajación y emoción con nosotros!

LIZZARDS POOL PROGRAM

	LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU	VIE / FRI	SAB / SAT	DOM / SUN
10:00	Stretching Class	Stretching Class	Stretching Class	Stretching Class	Stretching Class	Stretching Class	Stretching Class
11:00	Pool Volleyball	Aqua Basket	Waterpolo	Pool Volleyball	Aqua Basket	Waterpolo	Pool Volleyball
12:00	Aquagym	Aquagym	Aquagym	Aquagym	Aquagym	Aquagym	Aquagym
15:00	Waterpolo	Pool Volleyball	Aqua Basket	Waterpolo	Pool Volleyball	Aqua Basket	Waterpolo
16:00	Merengue Class	Zumba Class	Salsa Class	Zumba Class	Bachata Class	Zumba Class	Cumbia Class


PALMAS POOL PROGRAM

	LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU	VIE / FRI	SAB / SAT	DOM / SUN
11:00	Scuba Lesson	Scuba Lesson	Scuba Lesson	Scuba Lesson	Scuba Lesson	Scuba Lesson	Scuba Lesson
11:00	Pool Volleyball	Waterpolo	Aqua Basket	Pool Volleyball	Waterpolo	Aqua Basket	Pool Volleyball
12:00	Ping Pong Tournament	Billiards Tournament	Ping Pong Tournament	Billiards Tournament	Ping Pong Tournament	Billiards Tournament	Ping Pong Tournament
15:00	Aqua Basket	Pool Volleyball	Waterpolo	Aqua Basket	Pool Volleyball	Waterpolo	Aqua Basket
16:00	Billiards Tournament	Ping Pong Tournament	Billiards Tournament	Ping Pong Tournament	Billiards Tournament	Ping Pong Tournament	Billiards Tournament

SPORTS COURT

PROGRAM

	LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU
11:00	Basketball	Soccer	Pickle Ball	Dodgeball
	Beach Volleyball The Beach	Beach Volleyball The Beach	Beach Volleyball The Beach	Beach Volleyball The Beach
16:00	Pickle Ball	Basketball	Soccer	Pickle Ball
	Beach Volleyball The Beach	Beach Volleyball The Beach	Beach Volleyball The Beach	Beach Volleyball The Beach

	VIE / FRI	SAB / SAT	DOM / SUN
11:00	Basketball	Pickle Ball	Soccer
	Beach Volleyball The Beach	Beach Volleyball The Beach	Beach Volleyball The Beach
16:00	Soccer	Basketball	Dodgeball
	Beach Volleyball The Beach	Beach Volleyball The Beach	Beach Volleyball The Beach



CULINARY EXPERIENCES

THE FIVES HOTELS & RESIDENCES

Culinary Experiences

Our Culinary Experiences offer an exciting array of activities designed to nourish and delight your senses. From hands-on cooking workshops, such as ceviche classes and learning how to make the perfect sushi and pizzas, to Spanish language lessons with a Mexican flavor, there is something for every palate. You can also indulge in tequila and mezcal tastings, exploring the rich culture behind Mexico's finest spirits. Every Saturday, enjoy our Yucatecan Brunch by the beach, offering a delicious selection of traditional dishes. These experiences are just a few examples of how we bring the flavors of Mexico to life.

Experiencias Culinarias

Nuestras Experiencias Culinarias ofrecen una emocionante variedad de actividades diseñadas para nutrir y deleitar tus sentidos. Desde talleres de cocina prácticos, como clases de ceviche y aprender a hacer el sushi y las pizzas perfectas, hasta clases de español con un toque mexicano, hay algo para todos los gustos. También puedes disfrutar de catas de tequila y mezcal, explorando la rica cultura detrás de los mejores espíritus de México. Todos los sábados, disfruta de nuestro Brunch Yucateco en la playa, con una deliciosa selección de platos tradicionales. Estas experiencias son solo algunos ejemplos de cómo damos vida a los sabores de México.

CULINARY EXPERIENCES

LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU
<p>Mixology Class</p> <p>"CREATIVE COCKTAIL TECHNIQUES"</p> <p>18:00</p> <hr/> <p>Cantina</p>	<p>Spanish Class</p> <p>"WITH MEXICAN FLAVORS"</p> <p>15:00</p> <hr/> <p>La Casa de Rosa</p>	<p>Ceviche Class</p> <p>"FRESH, FLAVORFUL, SEAFOOD PREPARATION."</p> <p>12:00</p> <hr/> <p>Muelle 8</p>	<p>Spanish Class</p> <p>"WITH MEXICAN FLAVORS"</p> <p>15:00</p> <hr/> <p>La Casa de Rosa</p>

VIE / FRI	SAB / SAT	DOM / SUN
<p>Sushi Class</p> <p>"ART OF GREAT SUSHI"</p> <p>12:00</p> <hr/> <p>Pisco</p>	<p>Brunch Yucateco</p> <p>"TRADITIONAL YUCATECAN FLAVORS, VIBRANT BRUNCH EXPERIENCE."</p> <p>12:00</p> <hr/> <p>Chichen & Chacah</p>	<p>Fiesta Mexicana</p> <p>"COLORFUL CELEBRATION OF MEXICAN CULTURE, FOOD & TRADITIONS."</p> <p>18:30</p> <hr/> <p>The Fives Plaza</p>
	<p>The Tuna Breakdown</p> <p>"TRADITIONAL JAPANESE BUTCHERY"</p> <p>19:00</p> <hr/> <p>Koh Thai</p>	



ALUXITOS

THE FIVES HOTELS & RESIDENCES

Revamped Aluxitos Program


Our revamped Aluxitos Program offers a range of fun and enriching activities designed especially for our youngest guests. Children can enjoy exciting scavenger hunts, unleash their creativity with arts and crafts, and have a blast at mini dance parties. They can also get into the festive spirit with face painting and even try their hand at making their own piñatas. With a well-rounded selection of activities, our Aluxitos Program ensures that kids have a memorable and joyful experience throughout their stay.

Programa Renovado de Aluxitos

Nuestro renovado Programa de Aluxitos ofrece una variedad de actividades divertidas y enriquecedoras diseñadas especialmente para nuestros huéspedes más jóvenes. Los niños pueden disfrutar de emocionantes búsquedas del tesoro, liberar su creatividad con manualidades, y divertirse en mini fiestas de baile. También pueden disfrutar del ambiente festivo con pintacaritas y probar suerte haciendo sus propias piñatas. Con una selección de actividades completas, nuestro Programa de Aluxitos garantiza que los niños tengan una experiencia memorable y alegre durante su estancia.

ALUXITOS

PRESENTS

	LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU	VIE / FRI	SAB / SAT	DOM / SUN
10:00	Upcycled Handcraft	Art & Crafts	Sand Castles Contest	Tennis Lesson <small>Tennis Shoes are Mandatory</small>	Mini Bowling	Board Games	Spanish Lesson
11:00	Eco Tour	Cooking Pizza	Origami	Art & Crafts	Just Dance Tournament	Squishy Ball	Lego Building Challenge
12:00	Telling a Mayan Story	Fun Outdoor Game	Basketball	Crazy Game	Basketball	Soccer	Mexican Art
14:00	Seed Planting	Bracelets	Art & Craft	Making Playdough	Making a Keychain	Painting Time	Making a Piñata
15:00	Scavenger Hunt	Olympic Games	Ice Cream Party	Make Your Pirate Costume	Make Your Piggy Bank	Water Balloons	Mexican Games
16:00	Pool Time	Pool Time	Mario Kart Tournament	Treasure Hunt	Waterpolo	Guessing Game	Marco Polo In The Pool
19:00 20:45	Mini Disco Party <small>The Fives Plaza</small>	Face Painting & Mini Disco Party <small>The Fives Plaza</small>	Mini Disco Party <small>The Fives Plaza</small>	Face Painting & Mini Disco Party <small>The Fives Plaza</small>	Mini Disco Party <small>The Fives Plaza</small>	Face Painting <small>The Fives Plaza</small>	Face Painting & Break The Piñata <small>The Fives Plaza</small>



EPIC ENCLAVE

THE FIVES HOTELS & RESIDENCES

EPIC Enclave

The EPIC Enclave offers a world of exclusive experiences designed for our most loyal guests—Epic Travelers and Prestige members. This private area is reserved just for you, providing a sanctuary where you can indulge in a super premium bar selection and enjoy a variety of daily activities. From culinary workshops to learning how to prepare the perfect margarita, every detail is crafted to elevate your stay. The EPIC Enclave also features an extensive collection of board games and daily surprises, ensuring that every moment spent here is memorable. It's the perfect place to enjoy a sense of exclusivity and luxury, making every visit feel like an exceptional experience.

EPIC Enclave

El EPIC Enclave ofrece un mundo de experiencias exclusivas diseñadas para nuestros huéspedes más leales: los miembros de Epic Travelers y Prestige. Esta área privada está reservada solo para ti, proporcionando un refugio donde podrás disfrutar de una selección de bebidas premium y una variedad de actividades diarias. Desde talleres culinarios hasta aprender a preparar la margarita perfecta, cada detalle está diseñado para elevar tu estancia. El EPIC Enclave también cuenta con una amplia variedad de juegos de mesa y sorpresas diarias, asegurando que cada momento aquí sea memorable. Es el lugar perfecto para disfrutar de un sentido de exclusividad y lujo, haciendo que cada visita se sienta como una experiencia excepcional.

EPIC ENCLAVE

	LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU	VIE / FRI	SAB / SAT	DOM / SUN
10:00	Table Games	Table Games	Table Games	Table Games	Table Games	Table Games	Table Games
11:00		Cooking Workshop		Cooking Workshop		Cooking Workshop	
12:00	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites

14:00	Cocktail Workshop	Tequila Tasting	Cocktail Workshop	Mezcal Tasting	Cocktail Workshop	Tequila Tasting	Cocktail Workshop
15:00	Mandala Coloring Workshop		Mandala Coloring Workshop		Mandala Coloring Workshop		Mandala Coloring Workshop
15:30	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites	Gourmet Bites
16:00		Live Sax		Live Music			



THE FIVES PLAZA

THE FIVES HOTELS & RESIDENCES

The Fives Plaza: The Heart and Social Hub of the Resort

At the heart of the resort, The Fives Plaza is where everything happens. This vibrant space serves as the perfect gathering place before and after dinner, drawing guests in with its lively atmosphere, live music, and themed events. Whether you're unwinding after a day at the beach or gearing up for an evening of fun, The Fives Plaza sets the stage for unforgettable moments, making it the true social hub of the resort.

Nestled within this dynamic plaza are three exceptional bars, each offering its own unique experience. **Humo & Vino**® invites you to relax and socialize with a curated selection of craft cocktails and mouthwatering small plates prepared in wood-fired ovens and grills.

For gin enthusiasts, **The Gin Bar**® offers the best gin selection in the Mayan Riviera, serving premium cocktails enriched with the finest essences, spices, and natural fruit extracts. Whether you prefer an indoor or outdoor experience, the cocktails here are sure to captivate your senses with every sip.

Meanwhile, **Cantina 1910** combines contemporary design with over 100 years of Mexican tradition, offering the finest tequilas, mezcals, and a variety of other regional spirits. Immerse yourself in the rich flavors and vibrant atmosphere, making it an unforgettable part of your evening.

The Fives Plaza: El Corazón y Centro Social del Resort

En el corazón del resort, The Fives Plaza es donde sucede todo. Este espacio vibrante es el lugar perfecto para reunirse antes y después de la cena, atrayendo a los huéspedes con su animada atmósfera, música en vivo y eventos temáticos. Ya sea para relajarte después de un día en la playa o para comenzar una noche llena de diversión, The Fives Plaza marca el escenario para momentos inolvidables, convirtiéndose en el verdadero centro social del resort.

Dentro de esta dinámica plaza se encuentran tres bares excepcionales, cada uno con una experiencia única. **Humo & Vino**® te invita a relajarte y socializar con una selección de cócteles artesanales y pequeños platillos exquisitos, preparados en hornos y parrillas de leña.

Para los amantes del gin, **The Gin Bar**® ofrece la mejor selección de gin de la Riviera Maya, con cócteles premium elaborados con las mejores esencias, especias y extractos naturales de frutas. Ya sea que prefieras una experiencia en el interior o al aire libre, los cócteles aquí encantarán tus sentidos con cada sorbo.

Por su parte, **Cantina 1910** combina el diseño contemporáneo con más de 100 años de tradición mexicana, ofreciendo los mejores tequilas, mezcales y una variedad de otros licores y cervezas regionales. Sumérgete en los sabores ricos y la vibrante atmósfera, convirtiéndola en una parte inolvidable de tu noche.

THE FIVES PLAZA

PRESENTS


	LUN / MON	MAR / TUE	MIÉ / WED	JUE / THU	VIE / FRI	SAB / SAT	DOM / SUN
18:30	Bluewine Eclectic Sounds	Electroacoustic Bossa Nova	Viky & Iupo Pop	Painkillers Blues	Hight Hats Jazz	Malvattio Acoustic Pop	Mari & angel Yucatecan Duo
20:15 21:15	The Illusionist	White night with DJ Tony Boy	Karaoke Night	Elements Night with DJ Ialo	Magic Fire Show	Casino Night	Mexican Folk show
21:30 23:00	Son Latino Latin Music	Disco Fever 70's & 80's	Lordfunk Soul & Funk	Street Jazz Sound Jazz	Hotshade Band Reggae	Silent Party	The Fives Mariachi Traditional

EVERY NIGHT

23:00
01:00

NIGHTCLUB GIN BAR

THE FIVES BEACH CLUB PRESENTS

	MAR / TUES	JUE / THU	VIE / FRI	SAB / SAT
19:00	Movie Night Family	Movie Night Kids	Movie Night Family	Movie Night Kids